

We can help

Worried about your own or someone else's alcohol or drug use?

We offer free and confidential advice, support and treatment for people in Brent.

You can visit our service in person or contact us by phone or email.

Any professional, such as a housing support worker, social worker, GP or nurse can also make a referral for you.

Working together for healthy, independent lives and enriched communities





Get in touch

97 Cobbold Road, Willesden, NW10 9SU

Willesden Centre for Health, Harlesden Road, Willesden NW10 3RY

T. 0300 303 4611 **24/7 helpline.** 0800 1<u>07 1754</u>

E. brent@viaorg.uk

Opening times.

Cobbold Road

Monday 09:00-19:00

Tuesday 09:00-17:00

Wednesday 09:00-19:00

Thursday 09:00-17:00

Friday 09:00-17:00

Willesden Centre for Health

Monday - Friday

10.00-17.30



V-İ-C www.viaorg.uk

Registered charity no.1031602 Company no.2807934 Limited by guarantee Registered in England and Wales



New Beginnings – Brent

Step-by-step

Free and confidential advice, support and treatment for people in Brent aged 18+

Your first visit

We'll talk about your concerns and make a plan together.

This care plan will help you reduce or stop your drug or alcohol use – making sure you receive the right support at the right time for you.

Help and advice for family, friends and carers on how best to support you during your recovery is also available.

"I am very thankful for the service. I feel really cared about."



How we help

At our service, you can get:

- Advice about your health and wellbeing
- Regular sessions with your personal keyworker
- A range of different support groups (including a 12-week abstinence day programme)
- Weekend drop-in support provided by service user group, B3
- Opiate substitute treatment and alcohol detox

Together, we can also look ahead to what's next for you.

This could be motivational programmes, education, training and employment support, peer mentoring and volunteering.

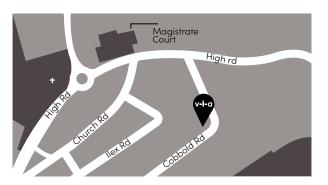
Evening appointments, online groups, and telephone or video sessions are also available to fit around your other commitments.

Talk to us about what works for you.

Via Capital Card Earn points by taking part in your treatment and spend points on activities in your local community.

Find your way

97 Cobbold Road London, NW10 9SU





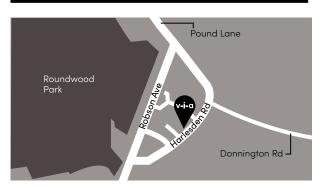
Tube-Neasden/Dollis Hill



Buses-Neasden: 297 Dollis Hill: 266 or 260

Willesden Centre for Health

Harlesden Road, London, NW10 3RY





Tube-Willesden Green



Buses: 260, 266, 460 Villiers Road