# Key Messages & Narrative

#### **Elevator Pitch**

This is the UK's first dedicated women-only detox centre. It's called The Elms, and it's being built on the Gloucestershire/ Worcestershire border. We're crowdfunding to raise £500,000 to bring it to life, because women deserve a detox space that's safe, psychologically informed, and truly built for women.

### Key Messages / Talking Points

- Drug and alcohol-related deaths among women are rising and fast.
  - There has been a 38% increase in alcohol-specific deaths (2012–2022) and an 81% increase in drug poisoning deaths (2011–2021) among women in the UK. The need for specialist, gender-informed support is urgent.
- Women face unique barriers to accessing treatment.
  - Many women may be unable to seek help due to stigma, domestic abuse, caregiving responsibilities, and past trauma. Mixed-gender detox environments can feel unsafe or not suitable, which may cause women to disengage from services altogether.
- There are no women-only detox centres in the UK.
  - The Elms will be the first of its kind: a dedicated, medically-managed detox centre designed specifically for women, by women, offering psychologically informed and compassionate care.
- It's built with women, not just for them.
  - The Elms will provide a psychologically informed, safe, and nurturing space in the beautiful countryside. Everything from the facilities to the therapeutic model has been developed in consultation with women with lived experiences.
- The need is national, but the impact starts local.
  - The Elms will be based on the Gloucestershire/ Worcestershire border but serve women from across the UK.
- This is a bold, hopeful campaign and we need your voice.
  - We're aiming to raise £500,000 to make it happen. Trustees and supporters like you are key to helping us get there.

## Why This Matters

• Many detox spaces are mixed-gender, which can feel unsafe for women, especially those who've experienced trauma.

- Without safe detox, women can remain stuck in cycles of harm, unable to continue their recovery. It has been identified as a specific barrier to residential rehabilitation, as detoxification is often required before women can access these services.
- Building The Elms means creating a place where women can safely take that first step and continue to rebuild their lives.

# Why Via?

We have the expertise and experience. Via has a strong track record running residential detox and rehab services, including Passmores House.

We centre lived experience. From design to delivery, women who've been through detox are shaping The Elms.

**We're building something sustainable.** This isn't a pilot, it's a permanent, specialist service with long-term impact.